

## 9 BAR OPERATIONS

**Prerequisite:** None

**Credits:** 4

### Overview

This course will introduce students to techniques in the service of beverages. Beverage operations with emphasis on management and operational controls will be examined.

### General Objectives

This course is designed to:

- 1 equip the student with the background and service of alcoholic and non-alcoholic drinks including a variety of wines suitable for service in a variety of bar and restaurant outlets
- 2 enable the student to take a responsible approach to the service of alcoholic beverages
- 3 develop attitudes to quality and value in respect of people, management and customer care

### Learning Outcomes

Upon successful completion of this course, the learner will:

- 1 identify the fundamentals of a beverage operation inclusive of physical components.
- 2 demonstrate sales techniques.
- 3 prepare beverages and perform beverage service.
- 4 describe major characteristics of alcoholic products and non-alcoholic beverages.
- 5 discuss local legislation relating to the sale of alcohol beverages.

### Topics

#### 1.0 Introduction to the Bar Operations

##### Objectives

Upon completion of the topic the student will be able to:

- 1.1 define the term “bar”
- 1.2 illustrate the layout of the bar
- 1.3 discuss the duties of a barman, a bar waiter/waitress and a bar porter

- 1.4 describe the different types of bar operations
- 1.5 discuss the social and legal responsibilities of the bartender
- 1.6 identify different types of customers found in bars

##### Content

- What is a bar?
- Types of bars.
- Duties of a bar staff.
- Role and responsibilities of bartenders
- The physiology of alcohol
- Types of customers

#### 2.0 Bartending Equipment and Tools

##### Objectives

Upon completion of the topic the student will be able to:

- 2.1 identify the basic bartending equipment and tools
- 2.2 operate the bar equipment
- 2.3 describe the use of equipment and tools.

##### Content

- Blender
- Crusher
- Ice machine
- Jigger
- Shaker
- Strainer
- Mixing glass
- Cutting board
- Knife
- Stirring spoon
- Optics

#### 3.0 Glassware

##### Objectives

Upon completion of the topic the student will be able to:

- 3.1 identify the names, sizes and uses of glassware for the bar
- 3.2 describe how to wash and polish glasses
- 3.3 discuss how to frost, rim and chill glassware.

##### Content

- Name, sizes and uses of glassware
- Washing and polishing techniques
- Frosting and chilling of glassware

#### 4.0 Bar Sanitation

##### Objective

Upon completion of the topic the student will be able to:

- 4.1 demonstrate bar sanitation and hygiene

##### Content

- Sanitation and hygiene techniques

#### 5.0 Service Bar

##### Objectives

Upon completion of the topic the student will be able to:

- 5.1 discuss how to set up a service bar.
- 5.2 identify service bar supplies.
- 5.3 explain various service bar ordering systems
- 5.4 set up a service bar

##### Content

- Setting up
- Bar supplies
- Ordering system

#### 6.0 Bar Inventory

##### Objectives

Upon completion of the topic the student will be able to:

- 6.1 discuss the various bar inventory and control procedures
- 6.2 explain what is meant by “rotation” of stock.

##### Content

- Control of stock.
- Rotation of stock.

#### 7.0 Carriage of Drinks

##### Objectives

Upon completion of the topic the student will be able to:

- 7.1 identify a bar tray.
- 7.2 demonstrate how to carry a tray, with and without drinks.
- 7.3 Demonstrate how to return empty glasses, dispose of ice, straws, stir sticks.
- 7.4 discuss methods of placing orders on a tray so as to assist the bar waiter in remembering which drink belongs to each customer.

##### Content

- Carrying bar tray.
- System for putting orders on tray.

#### 8.0 Classification and Types of Alcoholic Beverages

##### Objectives

Upon completion of the topic the student will be able to:

- 8.1 classify and describe the types of alcoholic beverages
- 8.2 distinguish between fermented and distilled beverages
- 8.3 outline the production of alcoholic beverages
- 8.4 describe and discuss the use of ice.
- 8.5 identify the different garnishes
- 8.6 name the incidental ingredients used in the bar.
- 8.7 discuss the use of beverage, napkins and accessories
- 8.8 prepare various garnishes for mixed drinks

##### Content

- Distilled spirits
- Cordials or liqueurs
- Beer
- Wine

#### 9.0 Beer

##### Objectives

Upon completion of the topic the student will be able to:

- 9.1 discuss the origin and manufacturing process of beers and spirits
- 9.2 identify local and imported beer
- 9.3 demonstrate pouring beer

- 9.4 define the term “draught beer”.
- 9.5 demonstrate drawing beer.

**Content**

- Manufacturing process of beers and spirits
- Domestic and imported beers
- Serving beer
- Definition

**10.0 Non-Alcoholic Drinks**

**Objectives**

Upon completion of the topic the student will be able to:

- 10.1 identify spices, grenadine condiments.
- 10.2 identify flavours of mixes
- 10.3 prepare beverages making use of these ingredients

**Content**

- Spices
- Mixes
- Simple syrup.
- Juices.
- Grenadine.
- Fruit.

**11.0 Method of Mixing Drinks**

**Objectives**

Upon completion of the topic the student will be able to:

- 11.1 describe the term “stir, shake, build and blend”.
- 11.2 prepare drinks using the stir, shake, build and blend methods.

**Content**

- Stir technique
- Shake technique
- Build technique
- Blend technique

**12.0 Highballs**

**Objectives**

Upon completion of the topic the student will be able to:

- 12.1 discuss the term “highball”
- 12.2 mix a number of “highballs”

**Content**

- Definition
- Preparation of “highballs”

**13.0 Cocktails**

**Objectives**

Upon completion of the topic the student will be able to:

- 13.1 discuss and define origin of cocktails
- 13.2 mix a variety of cocktails.

**Content**

- Definition
- Preparation of a variety of cocktails

**14.0 Introduction to Wines**

**Objectives**

Upon completion of the topic the student will be able to:

- 14.1 define the term “wine”.
- 14.2 briefly discuss the history of wines.
- 14.3 identify wine growing regions
- 14.4 describe the cultivation of vines:
  - Climate
  - Soil
  - Grape and fruit
- 14.5 discuss and identify wines and their regional origins
- 14.6 identify associations and controlling agencies.
- 14.7 interpret information on labels.
  - France
  - Germany
  - Spain/Italy
  - California
  - Local
  - Other sources

**Content**

- Definition.
- History.
- Cultivation.

- Associations and controlling agencies of wine
- Labelling of wine

### 15.0 Classification of Grapes

#### Objective

Upon completion of the topic the student will be able to:

- 15.1 differentiate between grapes grown in North America and Europe.

#### Content

- North American species
  - vitis labrusca
  - concord
- European species
  - vitis vinifera
  - chardonnay
  - gamay
  - gewürztraminer

### 16.0 The Wine Making Process

#### Objectives

Upon completion of the topic the student will be able to:

- 16.1 discuss the wine making process from crushing through bottling.
- 16.2 discuss the degree of sweetness or dryness of wine and describe how wine makers accomplish this.
- 16.3 describe the process of making champagne and sparkling wines
- 16.4 identify and discuss “fortified wines”.

#### Content

- Wine making process
- Champagne and sparkling wines
- Fortified wines

### 17.0 Classification of Wines

#### Objective

Upon completion of the topic the student will be able to:

- 17.1 differentiate between the categories of wine

#### Content

- Appetizers
- Table wines
- Sparkling wines
- Dessert wines

### 18.0 The Language of Wines

#### Objective

Upon completion of the topic the student will be able to:

- 18.1 discuss and compile a list of common terms.

#### Content

- Terminology of wines

### 19.0 Wine With Food

#### Objectives

Upon completion of the topic the student will be able to:

- 19.1 select wines that are generally recommended To compliment various foods.
- 19.2 discuss and identify appropriate serving temperature for each category of wine.

#### Content

- Wine and various foods
- Temperature of various categories of wine for service

### 20.0 Serving Procedures

#### Objectives

Upon completion of the topic the student will be able to:

- 20.1 describe the methods of presenting wine to the customer (host).
- 20.2 demonstrate the pouring of wine without dripping.
- 20.3 discuss the importance of timing in relation to wine service.

#### Content

- Presentation
- Pouring
- Timing

## 21.0 Storage

### Objective

Upon completion of the topic the student will be able to:

- 21.1 describe various wine service facilities and discuss how to develop a wine cellar

### Content

- Wine service facilities
- The wine cellar

## 22.0 Licensing Regulations

### Objective

Upon completion of the topic the student will be able to:

- 22.1 discuss the licensing legislation relating to the hospitality industry

### Content

- Relevant legislation

### Instruction Format

Lecture  
 Demonstration  
 Practice  
 Field trips  
 Seminar on wine tasting  
 Multi-media presentation

### Assessment and Evaluation

The assessment for this course takes the form of:

- Two (2) theory papers which account for 40% of the final mark
- Four (4) practical assessments which account for 60% of the final mark

### Recommended Text

Pouring for Profit: a Guide to Bar and Beverage Management, Costas Katsigris.

New American Bartenders Guide, J J Poister; published by Penguin.

Mr Boston Official Bartender's Guide, 75<sup>th</sup> Anniversary Edition 2001, Mr Boston (et al); published by Wiley

The Bar and Beverage Book, 5<sup>th</sup> Edition 2012, Costas Katsigris & Chris Thomas; published by Wiley

Food and Beverage Service, 9<sup>th</sup> Edition 2014, J Cousins, Lillicrap & S Weekes; published by Hodder Education

International Culinary Schools at the Art Institutes, La Villa, J & 1 other

The Wine, Beer and Spirits Handbook: A Guide to Styles and Service, 1<sup>st</sup> Edition 2009; published by Wiley

### Resources

Remarkable Service, Culinary Institute of America; published by Wiley and Sons.

The Bar and Beverage Book, Costas Katsigris, Mary Porter and Chris Thomas

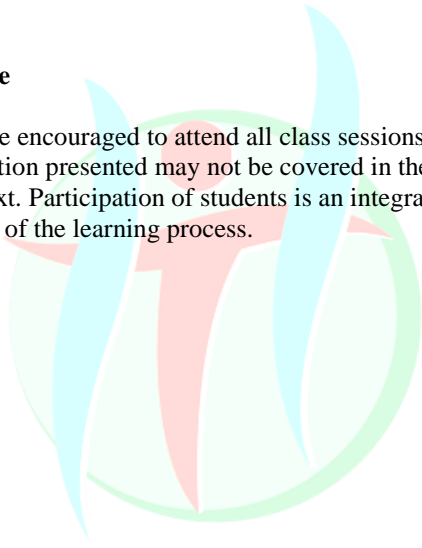
Managing Bar and Beverage Operations, H Lendal, Mary L Tanke.

Grossman's Guide to Wine, Bar and Spirits, Harold J Grossman, H Scribers and Sons

CTISP Bartender Skills Book

## **Attendance**

Students are encouraged to attend all class sessions as all information presented may not be covered in the required text. Participation of students is an integral component of the learning process.



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